



# ABISENA

UBUD

*Wellness and Resort  
Transforming the Beauty of Heritage*



OM SWASTIASTU,

WELCOME TO

**ABISENA WELLNESS AND RESORT UBUD**

Dear Kakanda Adinda,

Warmest greetings and a heartfelt welcome to Abisena Wellness and Resort Ubud. We are excited to be your host here and give you an unforgettable stay. Embark on unique adventures nearby, from leisurely strolls through terraced paddy fields to discovering hidden The Legend of Sacred Spring Water and engaging in mindful yoga sessions.

In order to help you get orientated at Abisena Wellness and Resort Ubud, we'd like to provide you with some important information. We are happy to assist you anytime - please don't hesitate to contact us if you need anything !

Matur Suksma,

Punggawa



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## YOUR ARRIVAL

### ABISENA WELLNESS AND RESORT UBUD

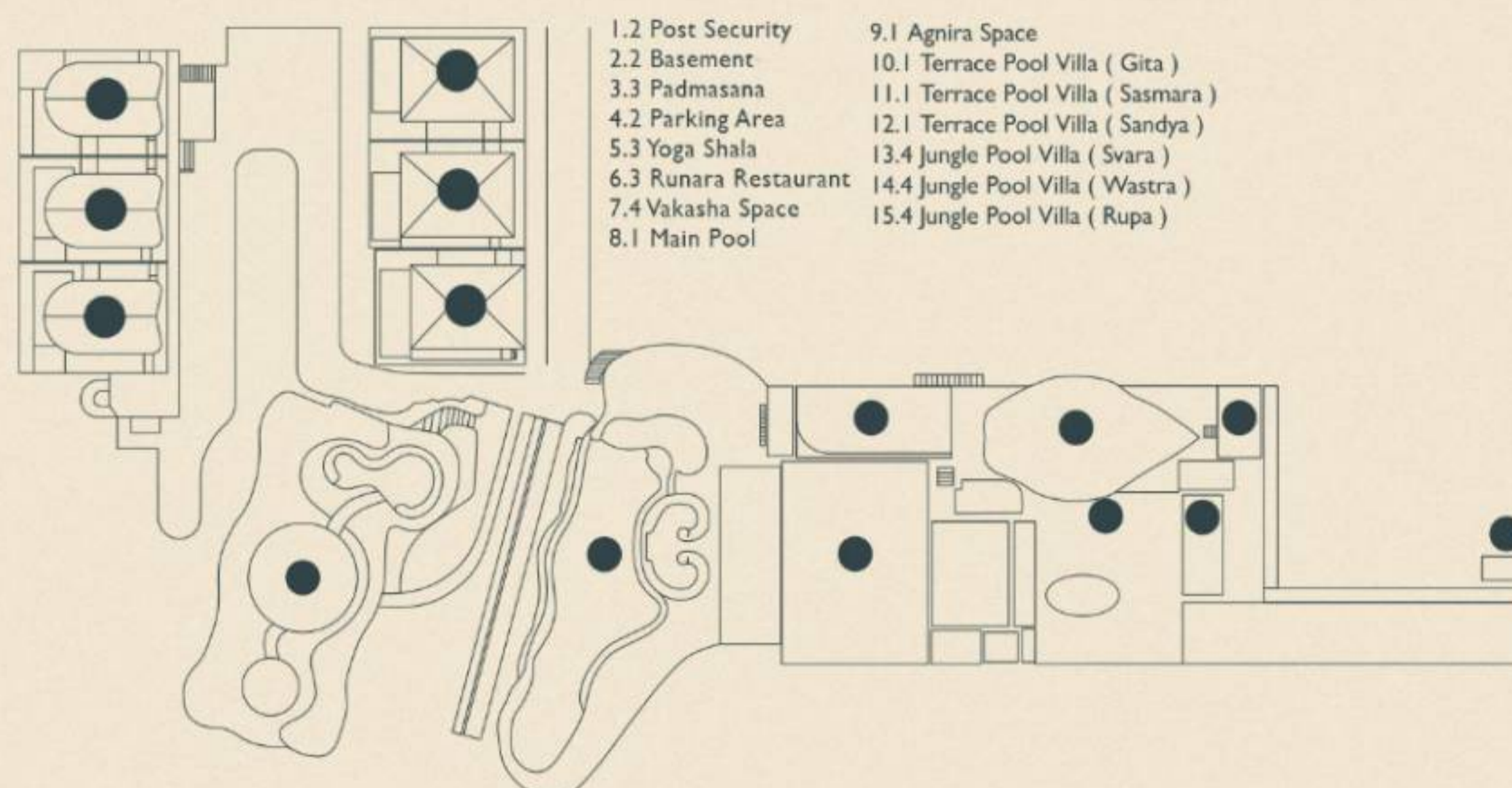
The Abisena Wellness and Resort Ubud is a masterpiece inspired by mythical legends. The tale of Bima's brave exploration, which led to the discovery of Tirta Kamandalu, the sacred life-giving waters, shapes the resort. Each element of The Abisena, from the natural backdrop, which is perfectly intertwined with the elegant space, reflects the essence of Bima's journey; spiritual renewal and physical rejuvenation.

At the Abisena Wellness and Resort Ubud, contemporary elegance merges with timeless tradition, creating a unique and sensorial journey. The rich heritage of Ubud is on show at every turn, with the celebration of local culture a focal point of its sleek design. Indulge in homely comforts whilst honouring the past in a setting designed to captivate the senses.

### DESIGN CONCEPT

At the heart of the Abisena Wellness and Resort Ubud lives a harmonious fusion of the natural world with traditional architecture, creating a space where the heritage of the island is on show for all to see. Each accommodation at the Abisena Ubud is a tribute to the past, integrating local craftsmanship and materials with contemporary designs. From the traditional art and furnishings to the convenient in-room facilities, guests will journey into a unique blend of luxurious surroundings and natural splendour. Our goal is to not only celebrate the rich heritage of the island but also create an immersive journey through time and tradition for all our guests.

### Abisena Maps



### CHECK-IN AND REGISTRATION

Please note that our official check-in time is at 14:00. Our Punggawa will ensure a smooth and efficient check-in process upon your arrival. As per Indonesian law, it is mandatory to register all foreigners within 24 hours of arrival. Rest assured that we will handle this requirement promptly and responsibly by photocopying your passport in our office. We guarantee the utmost care for your valuable documents, ensuring their immediate return. Additionally, an imprint of your credit card will be taken for any incidental charges that may occur during your stay. Your comfort and security are our top priorities



## SERVICE INFORMATION

### DAILY BREAKFAST

Awaken your taste buds with a complimentary semi buffet breakfast. Served from 07:00 to 11:00 in our Runara Restaurant, Indulge in a several-course breakfast menu designed to delight your senses. Start your day in style with our culinary masterpiece at Abisena Wellness and Resort Ubud.

### MINI BAR

Enjoy a mini bar tailored to your preferences, thoughtfully curated with a selection of local products. Indulge in an array of snacks and a wide variety of both non-alcoholic and alcoholic beverages, ensuring a complete and satisfying accompaniment to enhance your stay.

### LAUNDRY AND DRY CLEANING

Enjoy daily bedroom service and laundry collection for a refreshed space. You'll find a laundry basket in your bathroom, and our team will be happy to assist you with our laundry service. Kindly inform our staff of delicate clothing requiring special care. While we take utmost care, we are not responsible for any damage.

### PETS

We are animal lovers, so although pets are not permitted to entrance our resort.

### SMOKING

Smoking is strictly forbidden in the rooms. Guests found smoking will be charged an extra fee of IDR 1.000.000. No exceptions.

## AIRPORT TRANSFER

Seamless airport pick-up service is available at an additional charge. Let us handle your transportation needs for a worry-free stay. Contact our Punggawa for more information and enjoy a smooth start to your exceptional experience with us.

## TOUR SERVICE

How about exploring Bali's mountains, waterfalls, and natural landscapes? We offer special packages to take you around the beautiful island with an experienced driver. Contact our Punggawa for more information.

## SHUTTLE SERVICE

We provide daily complimentary drop-off and pick-up shuttle service to and from Ubud for the Hotel's in-house guests. For the schedule by the below:

Drop-off 1	: 11:00
Pick-up 1	: 12:00
Drop-off 2	: 14:00
Pick-up 2	: 15:00
Drop-off 3	: 17:00
Pick-up 3	: 18:00

## FOREIGN CURRENCY

For your peace of mind, we recommend exchanging currencies at authorized Money Changers, Banks or within 30 minutes range the hotel premises. Here is a set of instructions for identifying a reliable money changer: conduct preliminary research, assess exchange rates, confirm licensing, seek out well-established establishments, review customer feedback, consider reputable banks or currency exchange chains, steer clear of street vendors, scrutinize potential hidden charges, examine the displayed exchange rates, verify your exchanged funds, maintain transaction records, and utilize ATMs for obtaining local currency.

## TICKETING

Contact our guest service for assistance with activity reservations, ticket reconfirmation, or itinerary changes. We are here to help you with any activities-related inquiries or modifications you need.

## TRANSPORTATION PRICE LIST

NO	DESTINATION	THE LUX CLASS	EXCLUSIVE CLASS
1	Ubud Center	200,000	300,000
2	Lodtunduh/Mas	350,000	450,000
3	Pejeng Area	350,000	450,000
4	Tampak Siring	350,000	450,000
5	Puhu Payangan	350,000	450,000
6	Sanur	600,000	700,000
7	Candi Dasa	700,000	1,200,000
8	Kintamani/Songan	800,000	1,000,000
9	Tanah Lot Area	800,000	1,000,000
10	Canggu	800,000	1,000,000
11	Tabanan	1,000,000	1,500,000
12	Bedugul	1,000,000	1,500,000
13	Padang Bai	1,000,000	1,500,000
14	Nusa Dua	1,000,000	1,500,000
15	Airport/Kuta/Legian/Seminyak	1,000,000	2,000,000
16	Jimbaran	1,000,000	2,000,000
17	Munduk	1,100,000	1,300,000
18	Lovina	1,300,000	2,000,000
19	Uluwatu	1,300,000	2,200,000
20	Amed/Tulamben	1,300,000	2,300,000
21	Jembrana	1,400,000	2,400,000
22	Menjangan	1,600,000	2,500,000
23	Gilimanuk	1,600,000	2,500,000
24	Pemuteran	1,600,000	2,500,000
1	Extra Hour	150,000	200,000
2	Half Day Tour 4 Hours	900,000	1,200,000
3	Full Day Toour 8 Hours	1,300,000	1,700,000



## LUGAGE STORE

We understand that travel can be both exciting and tiring, which is why we are pleased to offer you our complimentary luggage storage service. Whether you're arriving early, departing late, or simply want to explore the city without the burden of your bags, our luggage storage facilities are at your disposal.

## LOST AND FOUND

If you happen to misplace an item, our dedicated butler is at your service to help you locate it within the hotel premises. In the event that an article belonging to a guest is found, we will safely store it and keep a record of it in our Lost and Found department.

## PAYMENT OPTIONS

We accept cash, debit cards, Maestro, Visa and Euro- / Mastercard, Amex.

## SAFETY AND SECURITY

For your peace of mind, Abisena Wellness and Resort Ubud entrance and communal areas are under 24-hour video surveillance. Access to private rooms by Non guests is only permitted with advance notice to reception. Abisena reserves the right to deny individual access. For safety reasons, we kindly ask you not to lean out of the windows or use window ledges as seating. Before leaving

## CULTURE AND ENVIROMENT

Bali has preserved its ancient traditions for thousands of years. The majority of Balinese people follow a unique form of Hinduism, believing in the power of nature and the influence of the spirits on its elements. Gods and goddesses, spirits and ancestors are all worshipped on the island, which is why you'll see people here performing religious rituals and making offerings every day. As you will come across temples and people worshipping on our land as well as that of our neighbors, we ask you to please always approach such encounters with respect. When visiting temples, we kindly ask you to abide by the following rules:





## CULTURE AND ENVIROMENT

1. Wear a sarong Entering a temple in Bali requires both men and women to cover their legs below the knee by wearing a sarong. Our team is happy to provide these on request.
2. Cover your upper body Singlets, camisoles, tank tops or anything exposing bare shoulders are not considered appropriate attire for a temple visit. Please remember to always cover your shoulders before entering.
3. Don't enter the temple if you're menstruating/bleeding Anyone who is menstruating or bleeding at the time of their visit is not permitted to enter the temple. The same applies for anyone who has given birth in 08 the last six weeks. You should also refrain from entering a temple if you have an open wound or injury.
4. Don't point your feet towards the shrines Feet are considered unclean, so you should never point them in the direction of shrines or holy object. Sit cross-legged or sit on your heels as Balinese people do.

## FACILITIES INFORMATION

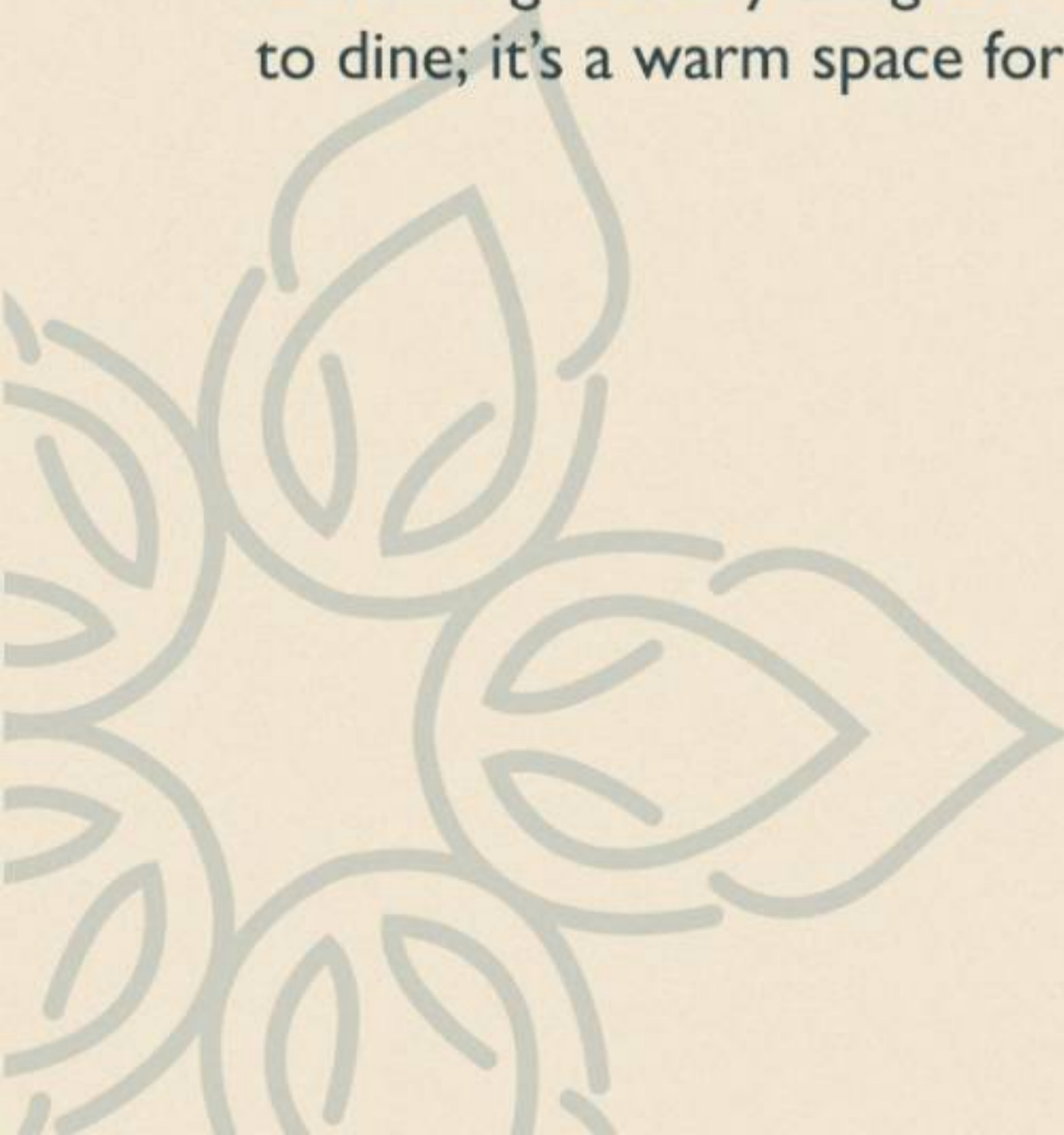
### YOGA SHALA

Open your heart and mind by joining one of our expert-led yoga classes. Offering a serene space, our yoga experience is ideal for beginners or more advanced yogis looking to maintain their daily routines or learn something new. Please dial number "0" for Private Yoga Activity.

### RUNARA RESTAURANT

Open from 7:00 to 23:00

Runara restaurant at Abisena Wellness and Resort Ubud is a tribute to the beauty of traditional food. The restaurant encapsulates its name's essence - 'Runa' symbolizing creative expression and dedication, 'Ara' signifying peace and serenity. True to its name, the restaurant delivers a spellbinding experience, combining culinary delights with a calm and peaceful ambiance. The Runara restaurant is not only a place to dine; it's a warm space for our guests to unwind and relax in.





### SADHA LOUNGE

Open from 11:00 to 23:00

Sadha Lounge at Abisena Wellness and Resort Ubud is the ideal escape for those looking to disconnect and rejuvenate. A sanctuary where the weight of the everyday, burdens of work and responsibility melt away, leaving only relaxation and comfort. Calming interiors and conscientious service combine to create an environment that encourages you to take a moment and enjoy yourself. Whether it's a coffee or a cocktail you desire or a comfortable chair to sink into, the Sadha welcomes you with open arms.

### INVINITY POOL

Open from 8:00 to 21:00

The 280 sqm infinity pool offers ample space for swimming and lounging amidst the serene environment. Its seamless design with the lush landscape, creates a breathtakingly beautiful experience.

### FITNESS CENTRE

Open from 6:00 to 21:00

A dynamic and vibrant facility designed to cater to individuals seeking to improve their physical fitness and overall well-being. It provides a diverse range of resources, equipment, and services to accommodate people of all fitness levels, from beginners to advanced athletes.

### DIRASHA WELLNESS WITH JACUZZI, SAUNA, STEAM ROOM, AND ICE BATH

Open from 9:00 to 21:00

Designed to evoke feelings of wellness, the Dirasha Wellness invites guests to embark on a sensory journey that will heal body and mind. Traditional and natural products combined with refined techniques delivered by our knowledgeable therapists await. Every treatment is designed to engage the senses, from the aromas of the oils to the gentle touch of the personalized therapists.





## THE AGNIRA SPACE

The Agnira space is an explorative environment, ideal for holding a variety of different events. Designed around the concept of theatre, the amphitheater utilizes sound and space well, making it ideal for grand celebrations or intimate gatherings. Its open-air layout helps connect guests to the natural world and sets the stage for stunning backdrops to your celebrations. Whether it's a wedding, business event, or romantic dinner, the Agnira space can be customized to the unique needs of each event.

## YOUR DEPARTURE

### DEPARTURE

Please note that our official check-out time is at 12:00. If you wish to extend your room usage, kindly contact our Punggawa for guest assistance. We will do our best to accommodate your request, depending on room availability.

We kindly request your assistance in improving the quality of our service and facilities for your next visit. Before your departure, we would greatly appreciate it if you could take a moment to complete our guest feedback form. Your valuable feedback will be highly appreciated and will contribute to enhancing your future experiences at Abisena Wellness and Resort Ubud.





*A mindful lifestyle involves being present and intentional in daily activities, fostering awareness and balance through practices like meditation, mindful eating, and conscious breathing to enhance overall well-being.*

OM SWASTIASTU

Where ancient traditions meet modern luxury.  
Step into a realm where relaxation and rejuvenation intertwine,  
guided by the timeless wisdom of our heritage.  
With a commitment to preserving and enhancing your natural beauty,  
we invite you on a journey of transformation.  
Indulge in an unforgettable journey of blissful relaxation and  
intimate connection at our exclusive couple's  
JIWA RAGA JOURNEY.

Discover the essence of tranquility as we blend age-old techniques with contemporary comforts, all in pursuit of restoring your inner and outer radiance.

Embark on a voyage that honors the heritage of wellness,  
where every experience is crafted to unveil the timeless beauty within.

Come, experience the transformative power of heritage beauty at its finest.



## TAPA FUSION

Invest in your health and wellness today with our premium Wellness Infusion or IV Drip Therapy. Experience the rejuvenation, energy, and vitality that comes from giving your body the nutrients it craves. Discover a new level of wellness and let us help you feel your best from the inside out.





### **TAPA TOUCH**

**IDR. 1.650.000**

Our Jet Lag Recovery IV Drip is your solution to combating fatigue and jet lag after long trips or strenuous activities.

### **TAPA GANTA**

**IDR. 1.250.000**

Experience rapid relief with our Flu Relief IV Drip, specifically formulated to alleviate symptoms associated with the flu.

### **TAPA BLEND**

**IDR. 2.400.000**

Revitalise your body and mind with our Rejuvenation IV Drip, designed to deliver a powerful blend of essential vitamins and antioxidants. Whether you're seeking to enhance your overall wellness, recover from fatigue, or simply feel more energised and refreshed, our specialised IV therapy offers a comprehensive solution for total rejuvenation.

### **TAPA WADU**

**IDR. 2.550.000**

Quickly overcome the discomfort of Bali belly with our specialised Bali Belly Recovery IV Drip. Our formula includes a stomach protector, anti-nausea and anti-stomach cramp medications, Vitamin B Complex, antibiotics, and oral medication, ensuring a fast and effective recovery.





## JIWATMA MANTRA

Bounce back quickly with our Hangover Recovery IV Drip, expertly formulated to alleviate the unpleasant symptoms of a hangover. Say goodbye to hangover woes with our targeted IV therapy, designed to restore your body and mind, helping you get back on track swiftly and effectively.

### ANGIN DIRA

**IDR. 1.200.000**

Overcome your hangover with our Hangover Recovery IV Drip, specifically formulated to combat dehydration, alleviate nausea, and boost your energy levels. Our Hangover Recovery IV Drip provides fast and effective relief, helping you feel revitalised and ready to take on the day.

*Prices are thousands rupiah and subjected 21% government tax & service charge*





## HOLISTIC TRANQUILLITY

Indulge in a tranquil escape as you and your partner embark on a blissful voyage of sensory delight. Our carefully curated ritual is meticulously crafted to melt away tension, renew vitality, and foster a deeper bond between you and your loved one.

Immerse yourselves in a sanctuary of tranquillity, where every moment is tailored to enhance your well-being and elevate your senses. From soothing massages to guided meditations, each element of our Couple's Ritual is thoughtfully orchestrated to instill a profound sense of peace and serenity.





### THERA SKIN

150 MIN

IDR. 1.700.000

Inspired by this powerful journey of Balinese ancient medication called Me-Boreh. A whole-some therapy from an ancient secret of Balinese herbal ritual if skin detoxifying treatment revives tired skin, improves circulation and skin tone

◦ *Serene Foot Bath Ritual*   ◦ *Natura Wellness by Dirasha*   ◦ *Ancient Touch*   ◦ *Thera Bath Journey*

### ELEMENTIAL JOURNEY

120 MIN

IDR. 1.400.000

Immerse yourself in an Elemental Harmony Journey, where the healing properties of earth, air, fire, and water converge to restore balance and vitality to your being.

◦ *Serene Foot Bath Ritual*   ◦ *Margi Revive*   ◦ *Janna Mind*   ◦ *Natura Wellness by Dirasha*   ◦ *Luxy Goddess*

### TROPISIA BODYA

150 MIN

IDR. 1.550.000

Immerse yourself in the tropical oasis of our Coco infused therapy, where the nourishing properties of coconut take centre stage in a rejuvenating journey of relaxation and renewal. Feel tension melt away as the soothing aroma of coconut transports you to a tranquil island paradise, leaving your body and mind in a state of pure relaxation.

◦ *Serene Foot Bath Ritual*   ◦ *Ancient Touch*   ◦ *Natura Wellness by Dirasha*   ◦ *Thera Bath Journey*

### MARGA RATIH KAMAJAYA

210 MIN

IDR. 1.950.000

Treat yourself or someone special to an unforgettable journey of relaxation and rejuvenation with our exclusive "Ratih Kamajaya" spa package. Melt away stress and discover the true meaning of luxury and relaxation

◦ *Serene Foot Bath Ritual*   ◦ *Natura Wellness by Dirasha*   ◦ *Senja Sanja*   ◦ *Luxy Goddess*   ◦ *Thera Bath Journey*

### JIWA RAGA JOURNEY

180 MIN

IDR. 3.800.000

Discover the timeless beauty and healing traditions of Bali with our Jiwa Raga Journey Couple's Package. Designed for couples seeking a harmonious and rejuvenating experience, this ritual uses ancient Balinese remedies combined with yoga to enhance beauty and well-being.

◦ *Serene Foot Bath Ritual*   ◦ *Ancient Healing Remedy*   ◦ *Essensa Jiwa*   ◦ *Bodya Marga Private*

*Prices are thousands rupiah and subjected 21% government tax & service charge*





## DIRASHA RUPASHANA

Our highly effective, synergistic and clean formulas combine carefully chosen natural and active ingredients from the Swiss Alpine region and the rest of the world with the latest in anti-aging science and Swiss cutting-edge bio-technology. At the same time, NIANCE does not use undesirable ingredients such as paraffins, parabens, or steroids.

Our luxurious product selections cover treatments for women and men, face and body, and are ideal for all skin types, even the most sensitive skin. Enjoy our revolutionary anti-aging treatments for instant and long lasting effects.





**LUXY GODDESS**

**60MIN**

**IDR. 1.400.000**

Indulge in our Signature Anti-Aging Detox Journey for a visibly younger, firmer, and more radiant complexion.

**MASSACU JANTA**

**60MIN**

**IDR. 1.400.000**

Premium Anti ageing Men Experience the unparalleled benefits of NIANCE's signature skincare, specially designed to meet the unique needs of men's skin.

**SENSA SOURYA**

**60MIN**

**IDR. 1.100.000**

Experience the ultimate in gentle Anti ageing for oily or sensitive skin, yet effective skincare with our Complete Treatment Package for Sensitive Skin.

**WARNA WANNA**

**60MIN**

**IDR. 650.000**

Experience the epitome of elegance as your nails are expertly shaped, buffed, and polished to perfection. Indulge in the epitome of elegance and leave with nails that exude beauty and glamour.

**TARYA KURA**

**60MIN**

**IDR. 700.000**

Indulge in a range of indulgent foot treatments, from soothing massages to invigorating scrubs, leaving your feet feeling refreshed and rejuvenated.





## THE ANCIENT TOUCH

Panchakarma Body and Soul embark on a transformative journey of self-discovery and renewal with Ancient Traditional Healing. Immerse yourself in a sanctuary of tranquillity as ancient healing modalities combine seamlessly to nurture your mind, body, and soul.

Effective in stimulating metabolism, unblocking energy, strengthening the digestive system, rejuvenating tissue and cells, and relieving stress.





### **TUGA RAGA**

**IDR. 1.800.000**

Relationship Healing is Utilising the power of hypnosis, our skilled therapists guide you into a deeply relaxed state where you can access your subconscious mind. This process allows you to uncover and address underlying issues, release negative patterns, and foster healthier communication and connection.

### **WATA RIVA**

**IDR. 2.200.000**

Rediscover a sense of peace and well-being with our Water Sound Healing sessions. Let the gentle vibrations and resonant tones of the Tibetan Singing Bowls guide you to a state of deep relaxation and harmony.

### **SWARA NIRA**

**IDR. 2.200.000**

Let the harmonious sounds and vibrations of various sacred instruments lead you to an unforgettable sensation of deep relaxation of the Gong Bath Ceremony. Experience the rebalancing of your chakras, the energy vortexes in our subtle body.

### **KUNRA REIKI**

**IDR. 1.100.000**

Experience the transformative power of ancient practice as it balances your energy and restores harmony to your mind, body, and spirit. Feel a warm, comforting sensation as the energy flows through you, dissolving tension and stress.

### **BODYA MARGA**

**SINGLE**

**IDR. 600.000**

**COUPLE**

**IDR. 1.000.000**

Private yoga classes are available for beginners to experts, helping develop a practice that can be incorporated into a daily lifestyle or enhance your existing yoga commitment. We have dedicated and passionate teachers to lead and work closely with you to design a program for your needs.





## HEALING TOUCH

### JANNA MIND

60 MIN

IDR. 475.000

Rooted in ancient healing practices and infused with modern luxury, Janna Mind focused on scalp and hair rooted massage is designed to soothe your mind, revitalise your spirit, and leave you feeling utterly refreshed.

### MUSCLES SHINE

45 MIN

IDR. 470.000

Experience pure relaxation and rejuvenation with our Traditional Back Massage. Let tension melt away as skilled hands work to release knots and soothe tired muscles.

### MARGI REVIVE

60 MIN

IDR. 490.000

Revive weary feet by experiencing deep relaxation and revitalization in this pampering treatment. The pressure applies to reflex points on the soles of the feet and lower leg massage to balance the body and improve overall wellness.





## ANCIENT TOUCH

<b>ARTI</b>	<b>60 MIN</b>	<b>IDR. 700.000</b>
	<b>90 MIN</b>	<b>IDR. 875.000</b>

Experience the timeless allure of the Arti Traditional Massage, a signature offering that transports you to the heart of Bali's rich cultural heritage.

<b>ESSENSA JIWA</b>	<b>90 MIN</b>	<b>IDR. 950.000</b>
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Experience the transformative power of our Herbal Massage and discover the profound benefits of ancient herbal healing for yourself. Whether you're seeking relief from chronic pain, stress, or simply looking to indulge in a moment of pure relaxation.

<b>SENSA SANJA</b>	<b>75 MIN</b>	<b>IDR. 1.100.000</b>
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Sensory bliss with a luxurious spa experience. This unique aromatic candle treatment promises to leave you feeling relaxed, rejuvenated, and utterly pampered.

<b>GREENARA</b>	<b>90 MIN</b>	<b>IDR. 900.000</b>
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A unique spa experience that harnesses the natural healing power of bamboo to soothe your body and invigorate your senses. Inspired by ancient healing traditions and infused with modern techniques, this massage offers a therapeutic journey unlike any other.

<b>BATURA AGNI</b>	<b>90 MIN</b>	<b>IDR. 950.000</b>
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A heated spa treatment that combines the therapeutic benefits of heat therapy with the skilled touch of our expert therapists. The warmth of the stones penetrates deep into your muscles, easing tightness and soothing aches with each gentle stroke.

<b>DEEPA RAGA</b>	<b>60 MIN</b>	<b>IDR. 850.000</b>
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Using deliberate, firm pressure and slow strokes, our therapists penetrate deep into the layers of muscle and connective tissue to release tension and promote relaxation.





## NATURA WELLNESS BY DIRASHA

Brought to you a Holistic Rejuvenation with Elemental Harmony.

A transcendent Spa & Wellness curated by Abisena Ubud. Inspired by the Ancient wisdom of Bali's Five Elements. Rooted in balinese Culture and Tradition. This exquisite treatment offers a transformative journey that aligns mind, body and spirit with the natural rhythms of the UNIVERSE





**AIRTARA**

**60 MIN**

**IDR. 650.000**

Experience the transformative power of our Cinnamon & Coconut Scrub and discover the profound benefits for yourself.

**SWASANJA**

**60 MIN**

**IDR. 750.000**

Elevate your skincare routine with our Orange Delight Body Scrub, a revitalising treatment specially formulated to rejuvenate your skin.

**STANNA**

**60 MIN**

**IDR. 600.000**

Enriched with caffeine, a powerful antioxidant, our Coffee Latte Body Scrub works to break down fatty deposits and promote the metabolism of fat cells.

**SWABHUMI**

**60 MIN**

**IDR. 550.000**

Mangir Body Scrub, an exquisite blend of natural ingredients inspired by the lush landscapes of Southeast Asia.

**AGNIRASA**

**60 MIN**

**IDR. 600.000**

Charcoal Body Scrub is a purifying and detoxifying treatment meticulously crafted to revitalise your skin and restore its natural radiance.





## THERA BATH JOURNEY

Welcome to our serene sanctuary, where the waters whisper tranquillity and the cares of the day gently fade away. Today, we embark on a journey of rejuvenation and renewal through the ancient art of the bath ceremony. Prepare to immerse yourself in a symphony of sensations, as we indulge in the soothing embrace of warm waters and aromatic essences.





**LUXIA BODYA**

**30 MIN**

**IDR. 400.000**

Immerse yourself in a luxurious oasis of relaxation and sensual indulgence with our Sensual Serenity Bath Therapy. Designed to tantalise the senses and promote deep relaxation, this exquisite experience offers a blissful escape from the stresses of everyday life.

**RUPA MANDALA JOURNEY**

**30 MIN**

**IDR. 500.000**

**“SACRED RITUAL FOR INNER HARMONY”**

Embark on a journey of sacred rejuvenation with our Mandala Bath Ceremony, a transformative ritual inspired by ancient traditions and designed to restore balance to body, mind, and spirit. Immerse yourself in the serene beauty of mandala art as you embark on a blissful journey of relaxation and renewal.

**FLORANICAL**

**30 MIN**

**IDR. 450.000**

Indulge in the luxurious ritual of a botanical soak, where nature's bounty blends seamlessly with the art of relaxation. As you prepare your bath, allow the warm water to embrace you like a gentle caress, while the aromatic steam envelops you in a cloud of tranquility. With each infusion of herbal essence, feelings of tensions melt away and worries dissolve into the ether. Close your eyes and inhale deeply, letting the natural scents transport you to a state of blissful serenity.





## TOUCH OF DIRASHA “THE PUNGGAWATI”

### GATE OF DIRASHA

Dirasha Wellness opening hours are from 09:00 to 21:00. The last reservation is at 20:00 for an hour massage. Arriving 15 minutes earlier allows you to make the most of your time with us. As spa time is valuable, arriving late will limit the treatment time. A wellness confidential consultation form will be required to fill out for new guests before treatments begin to check for possible contraindication of any treatments.

### ANOTHER LOVE

As spa time is valuable, if you wish to cancel your appointment, please inform us at least six hours before to avoid a cancellation fee. If guests wish to reschedule, alter or move the appointment, contact us via email or directly on the telephone number noted below +62 811 3960 3123 at least 6 hours before your treatment time to avoid a cancellation charge. A 50% cancellation fee will be applied if guests cancel in less than six hours.

### LILLA CHILD

Dirasha Wellness is a carefully curated experience that prides itself on the safety and relaxation of our guests. We are delighted to offer treatments for children under 13 years old with adult supervision except for manicures and pedicures. Please contact our receptionist for treatment availability for our young guests. Guests under 16 years old are restricted to our changing facilities, heat experiences and gym area.





### **DIRASHA JIWA RAGA**

We recommend that no jewellery is to be worn at Dirasha Wellness. The management and staff accept no responsibility for the loss, damage, or stolen valuables of any kind brought into the spa premises.

### **DIRASHA SPACE TREATMENT ROOM**

Our spa treatment room is designed with the help of spa experts to make you feel unwind, relax and rejuvenate. There are three rooms available for couples to indulge in the treatments together.

### **DIRASHA FEELS**

Gratuities are customary and greatly appreciated. Please leave any gratuities at the reception desk when checking out. Tipping envelopes for cash gratuities are provided at the front desk or you may add gratuity onto your credit card. Tipping is never expected, but always appreciated.





## **NUANSA TARASA**

### **NUSANTARA HERITAGE JOURNEY AT RUNARA RESTAURANT**

Behind the beauty of every dish served at Runara Restaurant, there is a solid and dedicated team lead by Executive Chef. He is not only a leader but also a visionary who can blend the heritage of the archipelago's culture with modern innovation in the culinary world.

Executive Chef believes that the strength of a dish lies not only in its taste but also in harmonious teamwork. From selecting sustainable local ingredients to the meticulous cooking process, every team member plays an important role in reviving ancestral stories through authentic flavors.

In every meeting, Executive Chef always reminds them that they are not just cooking but embarking on a journey of flavors that connects the past and the present. With a spirit of togetherness and mutual respect, this team succeeds in creating a gastronomic experience that not only delights the palate but also touches the souls of the guests.

"NUANSA TARASA" can be interpreted as an atmosphere rich in flavors and tastes, reflecting the beauty and richness of the Indonesian culinary heritage. The word "Tarasa" itself refers to a deep sensation or taste, so this program highlights a culinary experience that not only delights the palate but also elevates the cultural values and traditions of Indonesia.

"NUANSA TARASA" at Runara Restaurant is an initiative aimed at introducing and celebrating the richness of Nusantara cuisine with a modern and artistic touch. Inspired by the philosophy of "Transforming the Beauty of Heritage," this program showcases the beauty of Indonesia's culinary heritage in a fresh and innovative way, combining traditional recipes with contemporary presentation and flavors.

Each dish served at Runara Restaurant is not just food, but a work of art that blends cultural roots with modern expression, creating a culinary experience that captivates the senses and touches the soul. This program also emphasizes the importance of preserving and maintaining Nusantara culinary traditions as part of the nation's identity and cultural wealth.

With a warm and elegant ambiance, "NUANSA TARASA" invites guests to enjoy an authentic yet innovative journey of flavors, making every visit to Runara Restaurant an unforgettable moment in celebrating the beauty of Indonesia's culinary heritage.

Voyaging through heritage tastes and tales by Executive Chef



## NUSANTARA

### SAJIAN KECIL

#### URAP BUMBU BALI

*Long bean, bean sprout, spinach*

 55

#### PANGSIT GORENG AYAM

*Chicken, ginger chilli sauce*

75

#### OTAK-OTAK BARRAMUNDI

*Barramundi, shallot, peanut sauce*

 85

#### SALMON SUWIR

*Norwegian salmon, chilli, shallot, garlic*

 125

## TUMISAN

#### TUMIS TEMPE

*Tempeh, long bean, bean sprout*

 65

#### TUMIS LABU SIAM JAGUNG

*Chayote, corn kernel, chilli*

 65

#### TUMIS TERONG PETE

*Eggplant, pete, chilli, shallot, garlic*

 65

## ANEKA SAMBAL

#### SAMBAL GORENG HATI

*Chicken liver, baby potato*

75

#### SAMBAL ROA AYAM

*Shredded chicken*

75

#### SAMBAL UDANG PETE

*Prawn, pete*

 75



## NUSANTARA

### SATE

#### SATE AYAM

Chicken satay, peanut sauce, chicken gulai, steam rice

 200

#### SATE LILIT

Lilit tuna satay, tuna yellow soup, steam rice

 215

#### SATE MARANGGI

Beef satay, maranggi spices, beef gulai, steam rice

250

#### SATE KAMBING

Lamb satay, sweet & spicy dark sauce, lamb gulai, steam rice

275

## HIDANGAN UTAMA

#### BALINESE NASI CAMPUR

Steam Rice, Urap, Egg, Prawn, Chicken Nyat Nyat

 165

#### NASI GORENG SEAFOOD

Wok fried rice, egg, prawn, fish meat ball, calamari, bean sprout

 195

#### MIE GORENG SEAFOOD

Wok fried noodle, egg, prawn, fish meat ball, calamari, bean sprout

 195

#### AYAM CABAI HIJAU

Half grilled chicken, green chilli spices, tomato, cabbage, steam rice

215

#### AYAM TALIWANG

Half grilled chicken, taliwang spice, spinach, fried peanut, steam rice

225

#### CUMI BAKAR PEKALONGAN

Grilled calamari, pekalongan sambal, bean sprout, corn kernel, steam rice

 250

#### BABI PANGGANG KARO

48 hours brine curred pork belly, andaliman spicy, creamy spinach

 255

#### CRISPY DUCK

48 hours of duck cured and cooked crispy, urap, steam rice, 3 types of sambal

275

#### UDANG BALACAN

Grilled king prawn, balacan sambal, crispy kale, steam rice

 285

#### BEEF RENDANG

Indonesian beef rendang served with steam rice, spinach, and egg

295

#### BEBEK BUMBU HITAM

Smoke duck, bumbu hitam madura, ginger oil, steam rice

315

#### DENDENG WAGYU BALADO

Wagyu oyster blade MB 4+, balado sambal, baby potato, steam rice

350



## ENTRÉE

### WHIPPED HUMMUS

Whipped hummus, sautéed chickpeas, green oil, pita bread

  75

### ARANCINI

Rice, carrot, leek, mozzarella, Napolitana sauce

 75

### WAGYU POTATO CHEESE BALL

Mashed cheese potato ball, pan-seared wagyu oyster blade mb 4+

75

### BAKED CHICKEN WINGS

Chicken wings, smoke BBQ sauce

95

### THON - KINGER SAUCE

Tuna, pumpkin sauce, ginger vinaigrette

  95

### CHICKEN PUMKIN SAUCE

Grilled chicken, pumpkin sauce, crispy kale

 95

### CALAMARI GLAZED

Calamari, pickled shallots, chuka wakame

 95

### BURNT PRAWN

Baked king prawn, chimichurri

  135

### SALMON TERRINE

Salmon, terrine sauce, baby carrots

  135

## SALAD

### CLASSIC CAESAR SALAD

Baby romaine, egg, pancetta, Caesar dressing, grilled chicken

  165

### MEDITERRANEAN SALAD

Baby romaine, arugula, frisée, lollo rosso, red onion, barramundi, Lezu dressing

  165



## PASTA

<b>CREAMY PESTO GNOCCHI</b> <i>Gnocchi, pesto, heavy cream, sundried tomatoes, Grana Padano</i>	 125
<b>ARRABBIATA TAGLIATELLE</b> <i>Tagliatelle, Napolitana sauce, cashew nuts, onion</i>	  125
<b>RIGATONI CREAMY CHICKEN</b> <i>Rigatoni, white wine cream butter sauce, grilled chicken</i>	150
<b>BOLOGNESE TAGLIATELLE</b> <i>Tagliatelle, wagyu bolognese sauce</i>	175
<b>GRILLED LOBSTER TAGLIATELLE</b> <i>Tagliatelle, lobster, garlic, onion, chili, cherry tomatoes</i>	 315

## COMFORT FOOD

<b>CHICKEN SHAWARMA</b> <i>Grilled chicken, tomato salsa, scrambled egg, French fries</i>	125
<b>BLACKENED FISH BURGER</b> <i>Blackened fish, sriracha mayo, arugula, coleslaw</i>	 125
<b>MUSHROOM BURGER</b> <i>Bun burger, mix mushroom patty, American cheddar cheese, guacamole, onion</i>	 135
<b>BUTTERMILK CHICKEN BURGER</b> <i>Crispy chicken, American cheddar cheese, caramelized onion, coleslaw</i>	135
<b>SMASHED SIGNATURE BURGER</b> <i>Wagyu beef patty, brisket, american cheddar cheese, caramelized onion, coleslaw</i>	225




## MAIN COURSE


<b>CHICKEN BALLOTINE</b> <i>Chicken, herb mousse, sauteéd vegetables, potato puree</i>		135
<b>CAULIFLOWER CURRY</b> <i>Grilled cauliflower, herbed curry, pita bread</i>		135
<b>MOMOS</b> <i>Vegetarian grilled dumplings, tandoori flavor, pita bread</i>		135
<b>CHICKEN KUNG PAO</b> <i>Stir-fried chicken mixed with cashew nuts and oriental spices</i>		225
<b>PAN SEARED BARRAMUNDI</b> <i>Barramundi, cauliflower purée, broccoli, baby carrots, umami butter sauce</i>		250
<b>GRILLED CALAMARI AND HERBS RICE</b> <i>Grilled calamari, herbs rice, tzatziki sauce, broccoli, baby carrots</i>		250
<b>TOM YUM</b> <i>Prawn, calamari, mushroom, tom yum soup</i>	 	275
<b>SMOKED DUCK BREAST</b> <i>Smoked duck breast, cauliflower purée, broccoli, baby carrots, cheese crumble, gravy red wine sauce</i>		275
<b>PORK RIBS</b> <i>Braised pork ribs, potato purée, mixed salad</i>		325
<b>GRILLED PRAWN WITH YUZU BLANC SAUCE</b> <i>King prawn, yuzu blanc sauce, potato purée</i>		350
<b>BAKED SALMON</b> <i>Norwegian salmon, cauliflower purée, baby carrot, broccoli, fish creamy sauce</i>		350
<b>GRILLED LOBSTER - SHIRO SAUCE</b> <i>Grilled lobster, potato pavé, shiro sauce</i>		550
<b>WAGYU OYSTER BLADE MB 4+</b> <i>Wagyu oyster blade mb 4+, potato pavé, broccoli, baby carrots, 3 types of sauces (red wine gravy, black pepper sauce, chimichurri )</i>		650
<b>TENDERLOIN BLACK ANGUS MB 4+</b> <i>Tenderloin black angus mb 4+, potato pave, broccoli, baby carrot, 3 types of sauce ( red wine gravy, black pepper sauce, chimichurri )</i>		750

## DESSERT

<b>CHEESE CAKE</b> <i>Burnt cheesecake</i>		105
<b>TIRAMISU</b> <i>Sweet tiramisu</i>		105
<b>CHOCOLATE PARFAIT</b> <i>Sweet parfait</i>		105



<b>WINE</b>	<b>GLASS</b>
Two Islands Sauvignon Blanc	150
Two Islands Chardonnay	150
Two Islands Rose	150
Two Islands Pinot Noir	150
Two Islands Shiraz	150
Two Islands Cabernet Merlot	150
Sweet Alexandria	150
<b>COGNAC</b>	
Hennessy VSOP	275
Martel VSOP	250
<b>VODKA</b>	
Grey Goose	160
Belvedere	160
Absolut Blue	120
Sky Vodka	110
<b>GIN</b>	
Hendrick's	180
Bombay sapphire	140
Tanqueray	130
East Indies	115
<b>WHISKY</b>	
Macallan 12 YO	350
Chivas regal 18 YO	305
Glenfiddich 12 YO	215
Monkey shoulder	175
Chivas regal 12 YO	150
Jameson	140
Jack Daniel's	130
Jim Beam	120
JW. Red Label	120





### RUM

Myers Rum	130
Bacardi Light	110
Bacardi Spiced	110

### LIQUER

Amaretto Disaronno	120
Jagermeister	120
Sambuca Vaccari	120
Baileys	100
Kahlua	100
Cointreau	110
Southern Comfort	110

### APERITIF

Aperol	120
Campari	100
Bianco Vermouth	90
Dry Vermouth	90
Rosso Vermouth	90

### BEER

Kura Kura Easy Ale	99
Heineken	80
Kura Kura Lager	80
Bintang pilsener	60
Bintang radler	60

### Mineral Water

Sparkling water	45
Still water	40

### REFRESH

Coconut	65
Fresh juice	50
<i>Orange, Pineapple, Watermelon Papaya, Honeydew.</i>	

### COFFEE

Affogato	65
Cappuccino	45
Macchiato	40
Café latte	45
Espresso	35
Americano	35

### TEA

Black Tea	30
Pure green tea	30
Green tea jasmine	30
Camomile	30
Earl grey	30

### SOFT DRINKS

Redbull	89
Ginger Ale	45
Coke Zero	35
Coke	35
Sprite	35
Tonic	35



## NUSANTARA COCKTAIL MENU

### RUPA WANIA

#### Fiery Beauty

A captivating cocktail with a spicy kick that ignites the senses and warms the soul. Featuring a robust spiciness base, this drink combines exotic spices with a balanced heat that tantalizes your palate. Perfect for those who crave bold flavors and adventurous experiences, Fiery Beauty is a vibrant expression of passion and intensity in every sip.

**(East Indies Pomelo, Aperol, Pomelo Solution, Citrus)**

160

### WASTRA SUNNA

#### The Sunlit Weave

A uniquely crafted cocktail that weaves together rare and captivating flavors into one radiant experience. With an exclusive base that sparkles with originality, this cocktail evokes the warmth of sunshine and the intricate beauty of woven artistry. Ideal for adventurous connoisseurs seeking a one of a kind taste that leaves a lasting impression, The Sunlit Weave shines bright with every sip.

**(Spiced Rum, Cashewnut, Citrus, Tamarind, Albumen)**

160

### SASMARA RAYA

#### The Grand Passion

A bold and invigorating cocktail crafted for those who appreciate a strong and passionate flavor. This drink combines intense, robust spirits with rich, exotic undertones, creating a powerful yet balanced experience. Perfect for energizing nights and moments when you want to feel truly alive, The Grand Passion awakens your senses with every sip.

**(East Indies Archipelago, Vermouth, Rendang Syrup, Bitter, Kaffir)**

160

### SVARA TAKKA

#### Melody of Tartness

A vibrant and refreshing cocktail that sings with a perfect blend of bright, tangy flavors. Featuring a lively mix sour base, this drink awakens the palate with crisp citrus and subtle tart notes, creating a harmonious melody of taste. Ideal for those who enjoy a spirited and zesty experience, Melody of Tartness is the perfect companion for lively gatherings and moments of zestful enjoyment.

**(Whiskey, Pino De Bali, Clear Apple, Swarmadwipa, Citrus)**

160

### SANDYA SAKA

#### The Evening Embrace

A luxuriously creamy cocktail that wraps you in warmth and comfort like a gentle evening embrace. Blending smooth, velvety textures with subtle, rich flavors, this drink offers a soothing yet indulgent experience. Perfect for winding down and savoring intimate moments, The Evening Embrace invites you to relax and enjoy its elegant, creamy charm.

**(Skyy Vodka, Pandan Coconut Syrup, Coconut, Jackfruit)**

160

### GITARA HARUM

#### The Sunset Harp

A delightfully sweet cocktail inspired by the warm hues of a sunset, featuring a harmonious blend of creamy and hearty note. This cocktail captivates with its smooth, sweet base that dances on the palate like a gentle melody, perfect for relaxing evenings and unforgettable moments. Sip and let the sunset serenade your senses with every refreshing taste.

**(Bacardi Light, Black Rice Tincure, Palm Sugar, Coconut Meurenge)**

160



### SIGNATURE COCKTAIL

<b>WISDOM OF ABISENA</b>	160
<i>Bacardi Spiced, Pineapple Honey, Hazelnut, Lemon, Shiraz</i>	
<b>GOLDEN HOUR</b>	160
<i>Skyy Vodka, Aperol, Pineapple, Passion Fruit</i>	
<b>BRAVELY LOVE</b>	160
<i>East indies pomelo, Blackcurrant liqueur, Strawberry Syrup, Citrus, kaffir, Albumen</i>	
<b>HARVEST MELON</b>	160
<i>Bacardi light, Melon liqueur, Banana Syrup, Citrus, Albumen</i>	

### CLASSIC COCKTAIL

<b>DRY MARTINI</b>	150
<i>Gin / Vodka, Dry vermouth</i>	
<b>NEGRONI</b>	150
<i>Gin, Campari, Sweet vermouth</i>	
<b>AMARETTO SOUR</b>	150
<i>Amaretto Disaronno, Lemon, Sugar</i>	
<b>ESPRESSO MARTINI</b>	150
<i>Vodka, Coffee liqueur, Espresso, Sugar</i>	
<b>LONG ISLAND ICED TEA</b>	150
<i>Vodka, Rum, Gin, Tequila, Triple sec, Lime, Coke</i>	
<b>MARGARITA</b>	150
<i>Tequila, Triple sec, Lime, salt</i>	
<b>APEROL SPRITZ</b>	150
<i>Aperol, White wine, Orange, Soda</i>	
<b>MOJITO</b>	150
<i>Rum, Lime, Mint, Sugar, Soda</i>	
<b>BLACK RUSSIAN</b>	150
<i>Vodka, Coffee Liqueur</i>	
<b>WHISKEY SOUR</b>	150
<i>Whiskey, Lemon Juice, Sugar, Albumen</i>	
<b>B52</b>	110
<i>Coffee Liqueur, Orange Liqueur, Baileys</i>	

### MOCKTAIL

<b>SADHA ICED TEA</b>	65
<i>Black Tea, Honey, Pineapple, Lemon, Spiced</i>	
<b>COCOJITO</b>	65
<i>Mint, Honey, Pineapple, Lemon, Coconut Cream</i>	
<b>KECOMBRANG PASSION</b>	65
<i>Kecombrang, Passionfruit, Vanilla, Lemon, Lemonade</i>	
<b>FRAGRANT SUNSET</b>	65
<i>Orange reduction, Grenadine, Citrus, Tonic</i>	



## WHITE WINE

<b>Penfolds Bin 51</b> Eden Valley Riesling-Australia	<b>2.310</b>
<b>Penfolds Bin 311</b> Chardonnay Tumbarumba-Australia	<b>1.990</b>
<b>Penfolds Max's Chardonnay</b> Adelaide Hills Chardonnay-Australia	<b>1.840</b>
<b>BV</b> Chardonnay, Napa Valley - USA	<b>980</b>
<b>B&amp;G Reserve</b> Chardonnay, France	<b>950</b>
<b>La La Land</b> Pinot Gris, Australia	<b>850</b>
<b>Bodega Norton Barrel Select</b> Chardonnay, Argentina	<b>700</b>
<b>Two Islands Sauvignon Blanc</b> Blanc Limestone Coast Grapes, vinified in Bali	<b>650</b>
<b>Two Islands Chardonnay</b> Adelaide Hills & Limestone Coast Grapes, vinified in Bali	<b>650</b>
<b>Two Islands Pinot Grigio</b> Limestone Coast Grapes, vinified in Bali	<b>650</b>



## RED WINE

<b>Penfolds Bin 389</b> Cabernet Shiraz - Australia	<b>5.445</b>
<b>Penfolds Bin 128</b> Shiraz, Coonawara - Australia	<b>1.900</b>
<b>Penfolds Bin 138</b> Shiraz, Grenache, Mataro. Barossa Valley - Australia	<b>1.890</b>
<b>Casa Mendoza</b> Malbec, Uco Valley - Argentina	<b>1.110</b>
<b>BV</b> Merlot, California - USA	<b>1.090</b>
<b>19 Crimes</b> Cabernet Sauvignon - USA	<b>950</b>
<b>Black Cottage</b> Pinot Noir, Marlborough - New Zealand	<b>950</b>
<b>Jacob's Creek</b> Shiraz Cabernet, Barossa Valley - Australia	<b>800</b>
<b>JJ McWilliam</b> Shiraz, New South Wales-Australia	<b>750</b>
<b>Two Islands Pinot Noir</b> Adelaide Hills grapes, vinified in Bali	<b>650</b>
<b>Two Islands Shiraz</b> Barossa Valley, vinified in Bali	<b>650</b>
<b>Two Islands Cabernet Merlot</b> Limestone Coast & Coonawarra Grapes, vinified in Bali	<b>650</b>



## BUBBLES

### Chandon Brut

Chardonnay 68%, Pinot Noir 28%, Meunier 4%. Australia

1.650

### Sparkling Tunjung

Less ripe Muscat st.Vallier, Colombard, Probolinggo Biru, Indonesia

850

## SWEET WINE

### Dragonfly Moscato

Muscat Blanc, Riverland - Australia

700

### Sweet Alexandria

Late harvest Muscat st Vallier & Chenin Blanc, Bali

650

## ROSÉ

### B&G Cotes de Provence

Côtes de Provence Contrôlée- French  
Grenache 50%, Cinsault 35% & Syrah 15%

1.050

### Mount Rozier

Rosé Grenache, Western cape- South Africa

750

### Two Islands Rosé

Limestone Coast Grapes, vinified in Bali

650



Om Santih Santih Santih Om  
Matur Suksma